






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>1</b> 9:30 Rosary & Holy Communion-STU 3:00 Sunday Movie-TZ	<b>2</b> 9:00 Overseas Coupon Program-STU 11:00 Spiritual Discussion-WWAR 1:00 Pinochle-STU 4:00 <b>Wii Bowling League-CR</b>	<b>3</b> 9:00 Pitch-STU 10:00 Bible Study-TZ 2:30 Afternoon of Art-STU 3:00 Worship with Holy Communion-CR	<b>4</b> 9:00 Hy-Vee Grocery Run-FL 9:30 Bible Study-TZ 10:45 Mission Mats-WEB 10:30 Wednesday Readers-TZ 1:00 Group Bridge-TZ	<b>5</b> 9:00 <b>Breakfast Bash-DR</b> 10:00 Mission Volunteers-FL 11:00 Lady Choir Practice-CR 11:30 PSV Choir Practice-CR 1:30 Lakeside Pool-FL LS 2:00 <b>Maria Harding-CR</b> 2:30 Catholic Mass-FL LS 6:00 Wii Games-CR	<b>6</b> 9:00 RAC Meeting-TZ 2:00 Shopping: Walmart-FL 1:00 <b>Wii Bowling League-CR</b> 4:00 Social Hour-CR	<b>7</b> 9:00 Pitch-STU 1:00 Game Day-TZ	
<b>8</b> 9:30 Rosary & Holy Communion-STU 3:00 Sunday Movie-TZ	<b>9</b> 9:00 Overseas Coupon Program-STU 11:00 Spiritual Discussion-WWAR 1:00 Pinochle-STU 4:00 <b>Wii Bowling League-CR</b> 6:30 <b>Bingo-CR</b>	<b>10</b> 9:00 Pitch-STU 10:00 Bible Study-TZ 2:30 Afternoon of Art-STU 3:00 Worship-CR	<b>11</b> 9:00 Baker's Grocery Run-FL 9:30 Bible Study-TZ 10:45 Mission Mats-WEB 1:00 Group Bridge-TZ 12:30 Watercolor Class @ Lanoha Nursery-FL	<b>12</b> 11:00 Lunch Bunch: Sean O'Casey's-FL 11:00 Lady Choir Practice-CR 11:30 PSV Choir Practice-CR 1:30 Lakeside Pool-FL LS 2:00 <b>Wii Bowling League-CR</b> 2:30 Catholic Mass-FL LS 6:00 Wii Games-CR	<b>13</b> 11:00 <b>Sewing Service Project Info-CR</b> 2:00 Residents' Meeting-CR 3:00 Reception-CR 3:00 VNA Kiosk Q & A with Nurse-Kiosk 4:30 Lenten Fish Fry Outing-FL	<b>14</b> 9:00 Pitch-STU 1:00 Game Day-TZ	
<b>15</b> 9:30 Rosary & Holy Communion-STU 3:00 Sunday Movie-TZ	<b>16 Brain Awareness Week</b> 9:00 Overseas Coupon Program-STU 11:00 Hymn Sing-WWAR 11:30 <b>Brain Health-CR</b> 1:00 Pinochle-STU 1:00 <b>Current Affairs with Tom Gouttierre-CR</b> 4:00 <b>Wii Bowling League-CR</b>	<b>17 St. Patrick's Day</b> 9:00 Pitch-STU 9:00 <b>Breakfast Club: Bailey's-FL</b> 10:00 Bible Study-TZ 2:30 Afternoon of Art-STU 3:00 Worship-CR 	<b>18</b> 9:00 Hy-Vee Grocery Run-FL 9:30 Bible Study-TZ 10:45 Mission Mats-WEB 11:30 <b>Brain Health-CR</b> 1:00 Group Bridge-TZ	<b>19</b> 10:00 Mall Run: Oakview-FL 11:00 Lady Choir Practice-CR 11:30 PSV Choir Practice-CR 1:30 Lakeside Pool-FL LS 2:00 <b>Wii Bowling League-CR</b> 2:30 Catholic Mass-LS 6:00 Wii Games-CR	<b>20</b> 11:00 Spiritual Stories-WEB 11:30 <b>Brain Health-CR</b> 1:00 <b>When Swing Was King -CR</b> 2:00 Shopping: Target-FL 4:00 <b>St. Patty's Happy Hour-CR</b>	<b>21</b> 9:00 Pitch-STU 1:00 Game Day-TZ	
<b>22</b> 9:30 Rosary & Holy Communion-STU 3:00 Sunday Movie-TZ	<b>23</b> 9:00 Overseas Coupon Program-STU 11:00 Spiritual Discussion - WWAR 1:00 Pinochle-STU 1:00 <b>Cheng Duo-CR</b> 4:00 <b>Wii Bowling League-CR</b>	<b>24</b> 9:00 Pitch-STU 10:00 Bible Study-TZ 12:30 <b>Durham Museum Outing-FL</b> 2:30 Afternoon of Art-STU 3:00 Worship-CR	<b>25</b> 9:00 Baker's Grocery Run-FL 9:30 Bible Study-TZ 10:45 Mission Mats-WEB 1:00 Group Bridge-TZ 1:00 <b>Watercolor Class-CR</b>	<b>26</b> 10:30 Book Club-TZ 11:00 Lady Choir Practice-CR 11:30 PSV Choir Practice-CR 1:30 Lakeside Pool-FL LS 2:00 <b>Wii Bowling League-CR</b> 2:30 Catholic Mass-LS 6:00 Wii Games-CR	<b>27</b> 10:00 Dollar Tree-FL 11:00 Friday Morning Readers-TZ 11:00 Spiritual Stories-WEB 2:30 <b>Peanut Auction-CR</b>	<b>28</b> 9:00 Pitch-STU 1:00 Game Day-TZ	
<b>29</b> 9:30 Rosary & Holy Communion-STU 3:00 Sunday Movie-TZ	<b>30</b> 9:00 Overseas Coupon Program-STU 11:00 Spiritual Discussion-WWAR 1:00 Pinochle-STU 2:00 <b>Munch &amp; Mingle-CR</b> 4:00 <b>Wii Bowling Tournament -CR</b>	<b>31</b> 9:00 Pitch-STU 10:00 Bible Study-TZ 1:00 Bunco-STU 1:45 <b>Papillion Singing Seniors-CR</b> 2:30 Afternoon of Art-STU 3:00 Worship-CR	 <b>HAPPY BIRTHDAY</b>		 Margaret Kohler 03-01 Sharon Holyoke 03-01 Nadyne Millar 03-07 Don Winters 03-07 Mary Ann Slattery 03-10 John Jeter 03-17 Colleen Mahoney 03-18	 Bernie Schlessinger 03-19 Deanne Fortney 03-20 Bob Buckland 03-23 Bill Crenson 03-26 Donna Lane 03-28 Wanda Scott 03-31	CR=Community Room LS=Lakeside WWAR=West Wing Activity Rm STU=Studio WEB=Webster Library TZ=The Zone FL=Front Lobby

Outing & trips in **BLUE** require residents to sign up for the event

Special events are in **RED**. Remember to sign up.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:00 Lutheran TV Service-AR 10:30 Catholic Mass TV Service-AR	<b>2</b> 9:00 Rise 'N Shine-AR 9:30 Rummikub-CS 11:00 Spiritual Discussion-AR 1:00 Karaoke-AR 3:00 Creative Corner-AR	<b>3</b> 10:30 Bunco-AR 1:00 Bingo-AR 2:45 <b>Worship-EW CR</b> 3:00 BALL Club-AR	<b>4</b> 9:00 Hy-Vee Run-FL 9:00 Rise 'N Shine-AR 11:00 Worship-AR 1:00 Wii Bowling-AR 3:00 Social Hour-AR	<b>5</b> 9:45 Mission Volunteers Trip-FL 10:30 Farkle-AR 1:00 Brain Busters-AR 2:00 <b>Maria Harding-EW CR</b> 2:35 Catholic Mass-FL 3:00 BALL Club-AR	<b>6</b> 9:00 Fitness Friday-AR 11:00 Yoga-AR 1:00 Serving Others-AR 2:00 Wal-Mart Trip-FL 6:00 Classic Film Friday-AR	<b>7</b> 10:00 Saturdays with Scarlett-AR 1:00 Popcorn & Movie-AR
<b>8</b> 9:00 Lutheran TV Service-AR 10:30 Catholic Mass TV Service-AR	<b>9</b> 9:00 Rise 'N Shine-AR 9:30 Rummikub-CS 11:00 Spiritual Discussion-AR 1:00 Name That Tune-AR 3:00 Creative Corner-AR	<b>10</b> 10:30 Bunco-AR 1:00 U Pick 'em Bingo-AR 2:45 <b>Worship-EW CR</b> 3:00 BALL Club-AR	<b>11</b> 9:00 Baker's Run-FL 9:00 Rise 'N Shine-AR 11:00 Worship-AR 12:30 Watercolor @ Lanoha Nursery-FL 1:00 Wii Bowling-AR 3:00 Social Hour-AR	<b>12</b> 10:30 Throwback Thursday-AR 1:00 Brain Busters-AR 1:00 Manicures-AR 2:35 Catholic Mass-FL 3:00 BALL Club-AR	<b>13</b> 9:00 Fitness Friday-AR 11:00 Yoga-AR 1:00 Serving Others-AR 6:00 Classic Film Friday-AR	<b>14</b> 10:00 Saturdays with Scarlett-AR 1:00 Popcorn & Movie-AR
<b>15</b> 9:00 Lutheran TV Service-AR 10:30 Catholic Mass TV Service-AR	<b>16 Brain Awareness Week</b> 9:00 Rise 'N Shine-AR 9:30 Rummikub-CS 11:00 Hymn Sing-AR 1:00 Resident Meeting-AR 3:00 Brain Health-Get Creative!-AR	<b>17 St. Patrick's Day</b> 10:30 Brain Health-Reminiscing St. Patty's Day-AR 1:00 Clover All Over Card Game-AR 2:45 <b>Worship-EW CR</b> 3:00 Dancing for Brain Health-AR	<b>18</b> 9:00 Hy-Vee Run-FL 9:00 Rise 'N Shine-AR 11:00 Worship-AR 1:00 Wii Bowling-AR 3:00 Brain Health-Be Social Happy Hour-AR	<b>19</b> 9:00 Farkle-AR 11:00 Eating for a Healthy Brain-AR 1:00 Brain Games-AR 2:35 Catholic Mass-FL 3:00 BALL Club-AR	<b>20</b> 9:00 Fitness Friday-AR 11:00 Yoga for the Brain-AR 1:00 Serving Others-AR 12:40 <b>When Swing was King-EW CR</b> 2:00 Target-FL 6:00 Classic Film Friday	<b>21</b> 10:00 Saturday Morning Games-AR 1:00 Popcorn & Movie-AR
<b>22</b> 9:00 Lutheran TV Service-AR 10:30 Catholic Mass TV Service-AR	<b>23</b> 9:00 Rise 'N Shine-AR 9:30 Rummikub-CS 11:00 Spiritual Discussion-AR 12:40 <b>Cheng Duo-EW CR</b> 3:00 Creative Corner-AR	<b>24</b> 10:30 Bunco-AR 12:30 Durham Museum-FL 1:00 Music Bingo-AR 2:45 <b>Worship-EW CR</b> 3:00 BALL Club-AR	<b>25</b> 9:00 Baker's Run-FL 9:00 Rise 'N Shine-AR 11:00 Worship-AR 12:40 <b>Watercolor-EW CR</b> 1:00 Wii Bowling-AR 3:00 Social Hour-AR	<b>26</b> 10:30 Throwback Thursday-AR 1:00 Brain Busters-AR 1:00 Manicures-AR 2:35 Catholic Mass-FL 3:00 BALL Club-AR	<b>27</b> 9:00 Fitness Friday-AR 10:00 Dollar Tree-FL 11:00 Yoga-AR 1:00 Serving Others-AR 2:30 <b>Peanut Auction-EW CR</b> 6:00 Classic Film Friday-AR	<b>28</b> 10:00 Saturdays with Scarlett-AR 1:00 Popcorn & Movie-AR
<b>29</b> 9:00 Lutheran TV Service-AR 10:30 Catholic Mass TV Service-AR	<b>30</b> 9:00 Rise 'N Shine-AR 9:30 Rummikub-CS 11:00 Spiritual Discussion-AR 1:00 Sing Along Session-AR 3:00 Creative Corner-AR	<b>31</b> 10:30 Pokeno-AR 1:30 Papillion Singing Seniors-EW CR 2:45 <b>Worship-EW CR</b> 3:00 BALL Club-AR			Assisted living <b>WEST WING</b> activities are in <b>BLACK</b> . Independent living <b>EAST WING</b> activities are in <b>RED</b> . Outings are in <b>BLUE</b> .	<b>AREA KEY</b> AR = Activity Room FL = Front Lobby EW CR = East Community Room EW WEB = East Library CS = Coffee Shop UPL = Uptown Lounge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<b>2</b> 9:00 Rise & Shine-WW AR 10:00 Chair Volleyball-CR 1:00 Spring Clean your Health Education-CR 3:00 Total Achievement-CR	<b>3</b> 10:00 Chair Resistance -CR 11:00 Yoga Flow-CR 1:00 Strength Maxx-CR 3:00 Ball Club - WW AR 6:30 Bocce Ball-CR	<b>4</b> 9:00 Rise & Shine-WW AR 10:15 Yoga/Stretching-CR 11:00 Move & Groove-CR 3:00 Total Achievement-CR 6:00 Get Fit, Stay Fit-CR	<b>5</b> 10:30 Billiards-GA 1:00 Strength Maxx-CR 1:30 Pool Class Aquasize-LP 3:00 Ball Club-WW AR  <b>*No Brain Games Today</b>	<b>6</b> 9:00 Fitness Friday-WW AR 9:00 Bocce Ball-CR 10:15 Yoga/Stretching-CR 1:00 Keiser Circuit-CR	<b>7</b> 10:00 Get Fit, Stay Fit-CR
<b>8</b> <b>Daylight Savings Time Begins</b>	<b>9</b> 9:00 Rise & Shine-WW AR 10:00 Chair Volleyball-CR 1:00 Spring Clean your Health Education-CR 3:00 Total Achievement-CR	<b>10</b> 10:00 Chair Resistance -CR 11:00 Yoga Flow-CR 12:30 Chair Massage - TZ 1:00 Strength Maxx-CR 3:00 Ball Club - WW AR 6:30 Bocce Ball-CR	<b>11</b> 9:00 Rise & Shine-WW AR 10:15 Yoga/ Stretching-CR 11:00 Move & Groove-CR 3:00 Total Achievement-CR 6:00 Get Fit, Stay Fit-CR	<b>12</b> 9:30 Brain Games-CR 10:30 Billiards-GA 1:00 Strength Maxx-CR 1:30 Pool Class Aquasize-LP 3:00 Ball Club-WW AR	<b>13</b> 9:00 Fitness Friday-WW AR 9:00 Bocce Ball-CR 10:15 Yoga/Stretching-CR 11:00 Yoga-WW AR 3:00 VNA Kiosk Nurse Questions <b>*No Keiser Circuit Today</b>	<b>14</b> 10:00 Get Fit, Stay Fit-CR
<b>15</b>	<b>16</b> 9:00 Rise & Shine-WW AR 10:00 Chair Volleyball-CR <b>11:30 Brain Awareness-CR</b> 1:00 Spring Clean your Health Education-TZ 3:00 Total Achievement-CR	<b>17</b> 10:00 Chair Resistance -CR 11:00 Yoga Flow-CR 1:00 Strength Maxx-CR 3:00 Ball Club - WW AR 6:30 Bocce Ball-CR  	<b>18</b> 9:00 Rise & Shine-WW AR 10:15 Yoga/ Stretching-CR 11:00 Move & Groove-CR <b>11:30 Brain Awareness-CR</b> 3:00 Total Achievement-CR 6:00 Get Fit, Stay Fit-CR	<b>19</b> 9:30 Brain Games-CR 10:30 Billiards-GA 1:30 Pool Class Aquasize-LP 3:00 Ball Club-WW AR  <b>*No 1PM Exercise Class Today</b>	<b>20</b> 9:00 Fitness Friday-WW AR 9:00 Bocce Ball-CR 10:15 Yoga/ Stretching-CR 11:00 Yoga-WW AR <b>11:30 Brain Awareness-CR</b> 1:00 Keiser Circuit-CR	<b>21</b> 10:00 Get Fit, Stay Fit-CR
<b>22</b>	<b>23</b> 9:00 Rise & Shine-WW AR 10:00 Chair Volleyball-CR 1:00 Spring Clean your Health Education-TZ 3:00 Total Achievement-CR	<b>24</b> 10:00 Chair Resistance-CR 11:00 Yoga Flow-CR <b>1:00 VNA Pres. Gizmos &amp; Gadgets-CR</b> 3:00 Ball Club-WW AR 6:30 Bocce Ball-CR	<b>25</b> 9:00 Rise & Shine-WW AR 10:15 Yoga/ Stretching-CR 11:00 Move & Groove-CR 3:00 Total Achievement-CR 6:00 Get Fit, Stay Fit-CR	<b>26</b> 9:30 Brain Games-CR 10:30 Billiards-GA 1:00 Strength Maxx-CR 1:30 Pool Class Aquasize-LP 3:00 Ball Club-WW AR	<b>27</b> 9:00 Fitness Friday-WW AR 9:00 Bocce Ball-CR 10:15 Yoga/ Stretching-CR 11:00 Yoga-WW AR 1:00 Keiser Circuit-CR	<b>28</b> 10:00 Get Fit, Stay Fit-CR
<b>29</b>	<b>30</b> 9:00 Rise & Shine-WW AR 10:00 Chair Volleyball-R 1:00 Spring Clean your Health Education-CR 3:00 Total Achievement-CR	<b>31</b> 10:00 Chair Resistance-CR 11:00 Yoga Flow-CR 3:00 Ball Club-WW AR 6:30 Bocce Ball-CR  <b>*No 1pm Exercise Class Today</b>		<b>VNA Community Care</b>   <b>Have you signed up? Call Chad 402.829.3267</b>	<b>Locations:</b> CR: Community Room WW AR: West Wing Activity Room WW SR: West Wing Spa Room WC: Wellness Center PS: Pacific Springs Campus LP: Lakeside Pool	