

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Catholic Communion—PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	2 10:00 Welcome Committee—PDR 11:30 Lunch Bunch: Graley's Creamery 2:00 Choir Practice-TCY 7:00 Bingo-ADR	3 10:00 Grocery Shopping: Hy-Vee 2:00 Taste of Trinity—IDR 6:15 Skip-Bo—CS	4 10:30 Bible Study-PDR 1:00 VNA Nurse Kiosk 1:30 State Name Game—LR 3:00 Wii Bowling—LR	5 10:30 Resident Meeting-CD 2:00 Thirsty Thursday—IDR 6:15 Dominoes-CS	6 10:00 Rosary-PDR 1:30 Birthday Party—IDR 2:00 Election Help—PDR 7:00 Bingo-ADR	7 10:30 Coffee & Chat-CS 1:30 Movie-LR
8 DAYLIGHT SAVINGS 9:00 Catholic Communion—PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	9 11:30 Coffee & Jesus - PDR 1:00 Dowd's Irish Dancers—LR 2:00 Choir Practice-TCY 7:00 Bingo-ADR	10 10:00 Grocery Shopping: Family Fare 2:00 VNA Presentation-LR 6:15 Skip-Bo—CS 7:00 Garden Club—IDR	11 10:30 Bible Study-PDR 2:00 Village Chapel—LR 3:00 Wii Bowling—LR 5:30 Dog Visit—LR	12 ANB 9:10—9:30 10:30 Massage Therapy—CD 12:15 Open Door Mission 6:15 Dominoes-CS	13 9:30 Preschool Teddy Bear Share—LR 10:00 Rosary-PDR 2:00 Hill Billy Hal—LR 7:00 Bingo-ADR	14 10:30 Coffee & Chat-CS 1:30 Movie-LR
15 9:00 Catholic Communion—PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	16 11:30 Lunch Bunch: Mama's Pizza 2:00 Choir Practice-TCY 3:00 Irish Fun Facts & Trivia—CS 7:00 Bingo-ADR	17 St. Patrick's Day 10:00 Grocery Shopping: Fareway 2:00 IL Hand Massages—WC 2:00 RKM Trio Music—LR 6:15 Skip-Bo-CS	18 10:30 Bible Study-PDR 1:00 Music & Manicures - WC 2:00 RAC—PDR 3:00 Wii Bowling—LR	19 7-9 Breakfast Bash-IDR 10:30 Chair Massage—Clinic 2:00 March Madness BB FUN! —LR 6:15 Dominoes-CS	20 1st Day of Spring 10:00 Rosary-PDR 10:00 Spiritual Retreat—Everyday Spirituality—PDR 2:00 Donna— Music on the Trail—LR 7:00 Bingo-ADR	21 10:30 Coffee & Chat-CS 1:30 Movie-LR
22 9:00 Catholic Communion—PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	23 11:30 Coffee & Jesus-PDR 2:00 Choir Practice-TCY 3:00 Happy Hour—LR 7:00 Bingo-ADR	24 10:00 Grocery Shopping: Target 1:00 Connected Living 101—LR 2:00 AL Hand Massages-WC 6:15 Skip-Bo-CS	25 10:30 Bible Study-PDR 2:00 Village Chapel—LR 3:00 Wii Bowling—LR	26 ANB 9:10-9:30 10:30 Massage Therapy—CD 11:00 Activity Meeting—CS 1:30 Boys Town Museum Outing 6:15 Dominoes-CS	27 10:00 Rosary-PDR 1:00 Group Computer Crossword Puzzle—LR 2:00 Book Club—PDR 7:00 Bingo-ADR	28 10:30 Coffee & Chat-CS 1:30 Movie-LR
29 9:00 Catholic Communion—PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	30 11:00 Bunco—CS 2:00 Choir Practice-TCY 3:00 Hang Man—CS 7:00 Bingo-ADR	31 10:00 Grocery Shopping: Wal-Mart Market TBD Movie Outing 6:15 Skip-Bo-CS 6:30 Pet Therapy-LR		<p style="text-align: center;">Activities in BOLD BLACK Require residents to Sign up for the event. The binder is on The counter in the Front Office.</p>	<p style="text-align: center;">Special events are in RED</p> <p style="text-align: center;">Lifelong Learning activities are in GREEN</p> <p style="text-align: center;">Recurring events are in BLUE</p>	KEY CC/Cd—Classroom C/D CS—Coffee Spot LR—Living Room PDR—Private Dining Room IDR—Independent Dining Room ADR—Assisted Dining Room ALE—Assisted 2nd Floor WC—Wellness Center FLC—Family Life Center

March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:00 Life Balance WC 10:00 Fit 4 Life ALE 1:15 Balance & Flexibility TCY	3 10:00 Sit, Flex & Tone WC 1:00 Strength & Balance WC	4 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC 1:00 VNA Nurse (Kiosk) 1:15 Chair Yoga TCY	5 10:00 Interval Training WC 1:00 Strength & Balance WC	6 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC	7
8 Daylight Savings	9 9:00 Life Balance WC 10:00 Fit 4 Life ALE 1:15 Balance & Flexibility TCY	10 10:00 Sit, Flex & Tone WC 1:00 Strength & Balance WC 2:00 VNA Presentation "Depression" LR	11 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC 1:15 Chair Yoga TCY	12 10:00 Interval Training WC 10:30 Massage D 1:00 Strength & Balance WC	13 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC	14
15	16 9:00 Life Balance WC 10:00 Fit 4 Life ALE 1:15 Balance & Flexibility TCY	17 St. Patrick's Day 10:00 Sit, Flex & Tone WC 1:00 Strength & Balance WC	18 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC 1:15 Chair Yoga TCY	19 10:00 Interval Training WC 10:30 Chair Massage 1:00 Strength & Balance WC	20 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC	21
22	23 9:00 Life Balance WC 10:00 Fit 4 Life ALE 1:15 Balance & Flexibility TCY	24 10:00 Sit, Flex & Tone WC 1:00 Strength & Balance WC	25 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC 1:15 Chair Yoga TCY	26 10:00 Interval Training WC 10:30 Massage D 1:00 Strength & Balance WC	27 9:00 Life Balance WC 10:00 Fit 4 Life ALE 11:30 Small Group Training WC	28
29	30 9:00 Life Balance WC 10:00 Fit 4 Life ALE 1:15 Balance & Flexibility TCY	31 10:00 Sit, Flex & Tone WC 1:00 Strength & Balance WC		<p>Location Key D = Classroom D C = Classroom C ALE = Assisted Living WC = Wellness Center LR = Living Room PL = Papillion Landing TCY= Trinity Courtyard</p>	<p>Massage Therapy Cost is \$10 per 15 minutes. Sign up for an appointment in the Wellness Center.</p>	<p>Items listed in BOLD BLACK PRINT requires members & residents to sign up for the event. Please sign up in the Wellness Center.</p>