

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY CC/CD - Classroom C/D CS - Coffee Spot LR - Living Room PDR - Private Dining Room IDR - Independent Dining Room ADR - Assisted Dining Room ALT - Assisted 2nd Floor FLC - Family Life Center	Special events are in RED . Lifelong Learning activities are in GREEN . Recurring events are in BLUE .	Activities in BOLD BLACK require residents to sign up for the event. The binder is on the counter in the business office.		1 10:30 Resident Meeting-CD 11:00 Trivia & Chat with Clear Captions-CC 1:00 Walmart Outing 2:00 Movie-LR 6:15 Dominoes-CS	2 10-12 THINK Clinic Open 11:00 Rosary-PDR 2:00 Birthday Party with Aaron Shoemaker-LR 3:00 Yard Games-CC 7:00 Bingo-ADR	3 10:30 Project Work-CS 1:30 Movie-LR 10:30 Sarpy County Fair
4 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	5 10:00 Welcome Committee-PDR 11:30 Lunch Bunch: Chili's 2:00 Choir Practice-TCY 3:00 Creative Coloring-ALT 7:00 Bingo-ADR	6 10:00 Grocery Shopping: Hy-Vee 1:30 Explorer's Drive 2:00 Noodleball-ALT 6:15 Skip-Bo-CS 6:30 Sing A-long with Friends-TCY	7 10:30 Bible Study-PDR 1:00 Music & Manicures-WC 3:00 Wii Bowling-LR 7:00 Bingo-ADR	8 ANB 9:10-9:30 10:30 Massages-CC 11:00 Current Events & Weekly Devotionals-ALT 1:00 Sarpy County Museum 2:00 Movie-LR 6:15 Dominoes-CS	9 10-12 THINK Clinic Open 11:00 Rosary-PDR 1:00 Terry Orr-LR 2:30 Wizard of OZ Presentation-CC 7:00 Bingo-ADR	10 10:30 Project Work-CS 1:30 Movie-LR
11 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	12 11:30 Coffee & Jesus-PDR 12:30 Quilting-CD 1:00 IL Hand Massages-WC 2:00 Choir Practice-TCY 3:00 Puzzles w/ Jeannie-ALT 7:00 Bingo-ADR	13 10:00 Grocery Shopping: Family Fare 1:30 Trivia-CC 2:00 VNA Speaker-CD 3:00 Chang Duo-LR 6:15 Skip-Bo-CS 7:00 BUNCO-ADR	14 10:30 Bible Study-PDR 1:00 Activity Meeting-CS 2:00 Village Chapel-LR 3:00 Wii Bowling-LR 7:00 Bingo-ADR	15 7-9 Breakfast Bash 11:00 Current Events & Weekly Devotions-ALT 2:00 Movie-LR 6:15 Dominoes-CS	16 10-12 THINK Clinic Open 11:00 Rosary-PDR 1:00 Hobby Lobby Outing 6:00 "A Night In Vegas" - LR	17 10:30 Project Work-CS 1:30 Movie-LR
18 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	19 11:30 Lunch Bunch: Jimmy's All-American Malt Shop & Grill 2:00 Choir Practice-TCY 3:00 IMAX: To the Arctic-LR 7:00 Bingo-ADR	20 10:00 Grocery Shopping: Fareway 1:30 Explorer's Drive 2:00 Noodleball-ALT 6:15 Skip-Bo-CS	21 10:30 Bible Study-PDR 1:00 Music & Manicures-WC 2:00 RAC Meeting-CD 3:00 Wii Bowling-LR 7:00 Bingo-ADR	22 ANB 9:10-9:30 10:30 Massages-CC 11:00 Current Events & Weekly Devotions-ALT 1:00 Chocolaterie Stam 3:00 Pamela Sue-LR 6:15 Dominoes-CS	23 10-12 THINK Clinic Open 11:00 Rosary-PDR 12:30 Cooking Club-FLC Kitchen 2:00 AL Hand Massages-WC 3:00 Yard Games-CC 7:00 Bingo-ADR	24 10:30 Project Work-CS 1:30 Movie-LR
25 9:00 Catholic Communion-PDR 9:00 Lutheran Worship Service-FLC 10:30 Lutheran Worship Service-FLC 1:30 Movie-LR	26 11:30 Coffee & Jesus-PDR 12:30 Quilting-CD 2:00 Choir Practice-TCY 3:00 Puzzles w/ Jeannie-ALT 7:00 Bingo-ADR	27 10:00 Grocery Shopping: Target 12:30 Live Well Go Fish in Wahoo 1:30 Trivia-CC 6:15 Skip-Bo-CS 6:30 Pet Therapy-LR 7:00 BUNCO-IDR	28 10:30 Bible Study-PDR 1:00 Music & Manicures-WC 2:00 Village Chapel-LR 3:00 Wii Bowling-LR 6:00 Harmony Bridge-LR 7:00 Bingo-ADR	29 11:00 Current Events & Weekly Devotions-ALT 1:00 Loess Hills Lavender Farm 2:00 Movie-LR 6:15 Dominoes-CS	30 10-12 THINK Clinic Open 11:00 Rosary-PDR 1:00 Therapeutic Coloring-CS 2:00 Book Club Meeting-PDR 3:00 AL Service Project-ALT 7:00 Bingo-ADR	31 10:30 Project Work-CS 1:30 Movie-LR

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Location Key D = Classroom D C = Classroom C ALE = Assisted Living WC = Wellness Center LR = Living Room TCY= Trinity Courtyard	*Massage Therapy Cost is \$10 per 15 minutes. Sign up for an appointment in the Wellness Center.	Small Group Training in BOLD BLACK requires members & residents to sign up for the sessions. Please sign up in the Wellness Center.		1 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 1:00 Circuit Training C	2 9:00 Life Balance C 10:00 Fit 4 Life ALE 3:00 Yard Games C	3
4	5 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 2:00 Walking Club WC	6 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 1:00 Circuit Training C 2:30 Chair Yoga C	7 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 3:00 Wii Bowling LR	8 10:00 Sit, Flex & Tone C 10:30 Massage* D 11:00 Small Group Training C 1:00 Circuit Training C 1:15 Live Well Get Fit TCY	9 9:00 Life Balance C 10:00 Fit 4 Life ALE	10
11	12 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 2:00 Walking Club WC	13 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 1:00 Circuit Training C 2:00 VNA Presentation "Flu Season" C 3:00 Chair Yoga C	14 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 3:00 Wii Bowling LR	15 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 1:00 Circuit Training C	16 9:00 Life Balance C 10:00 Fit 4 Life ALE	17
18	19 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 2:00 Walking Club WC	20 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 1:00 Circuit Training C 2:30 Chair Yoga C	21 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 3:00 Wii Bowling LR	22 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 10:30 Massage* D 1:00 Circuit Training C	23 9:00 Life Balance C 10:00 Fit 4 Life ALE 3:00 Yard Games C	24
25	26 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 2:00 Walking Club WC	27 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 1:00 Circuit Training C 2:30 Chair Yoga C	28 9:00 Life Balance C 10:00 Fit 4 Life ALE 1:15 Strength with Balance TCY 3:00 Wii Bowling LR	29 10:00 Sit, Flex & Tone C 11:00 Small Group Training C 1:00 Circuit Training C	30 9:00 Life Balance C 10:00 Fit 4 Life ALE	31