

# May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>All Activities are held in the Activity Room unless noted.</b></p> <p><b>Activities listed in Green-means sign up at the front desk</b></p>	<p>Each Thursday meet with Pastor Kate in FDR</p> <p>2:00 Bible Study</p> <p>3:00 Chimes</p>		<p><b>1</b></p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>1:15 Walmart</p> <p>2:30 Stretch &amp; Tone</p> <p>3:15 Bingo</p> <p>6:00 Wii Bowling</p>	<p><b>2</b></p> <p>10:30 Exercises</p> <p>11:00 CJ Choir-CH</p> <p>1:00 Wii Bowling</p> <p>2:00 Library Time-LIB</p> <p>4:30 Chapel-Calvary</p> <p>6:00 Pitch-FDR</p>	<p><b>3</b></p> <p>9:30 Faith Study-FDR</p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>2:30 Music with Rick 50's &amp; 60's</p>	<p><b>4</b></p> <p>9:30 Bible Study with Eleanor-FDR</p> <p>10:30 Rosary</p> <p>2:00 Saturday Movie</p>
<p><b>5</b></p> <p>10:30 Catholic Communion</p> <p>1:30 Worship with Pastor Kate</p> <p>2:30 Sunday Movie</p>	<p><b>6</b></p> <p>9:30 Catholic Mass</p> <p>10:00 Exercises-DR</p> <p>11:00 Cavett Chorus</p> <p>1:00 Barber</p> <p>1:00 Bridge-WCR</p> <p>2:00 RAC-NCR</p> <p>2:30 Stretch &amp; Tone</p>	<p><b>7 Election Day</b></p> <p>9:30 Walking Club</p> <p>10:30 Exercises-DR</p> <p>2:30 Card Bingo-WCR</p> <p>4:00 Protestant Chapel &amp; Communion</p> <p>6:00 Pitch-FDR</p>	<p><b>8</b></p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>1:15 Target</p> <p>2:30 Stretch &amp; Tones</p> <p>3:15 Bingo</p> <p>6:00 Wii Bowling</p>	<p><b>9</b></p> <p>9:30 Men's Coffee</p> <p>10:30 Exercises</p> <p>11:00 CJ Choir-CH</p> <p>1:00 Wii Bowling</p> <p>1-2 Five Points Bank</p> <p>1:30 Bookmobile</p> <p>2:00 Library Time-LIB</p> <p>4:30 Chapel-Duhling</p>	<p><b>10</b></p> <p>9:30 Faith Study-FDR</p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>2:30 The Greasers Variety Music</p>	<p><b>11</b></p> <p><b>9:30 Mothers Day Brunch</b></p> <p>Music by Lincolnaire Chorus</p> <p>10:30 Rosary</p> <p>2:00 Saturday Movie</p>
<p><b>12 Mothers Day</b></p> <p>10:30 Catholic Communion</p> <p>1:30 Worship with Pastor Kate and Communion</p> <p>2:30 Sunday Movie</p>	<p><b>13</b></p> <p>9:30 Catholic Mass</p> <p>10:30 Lincoln Senior Chorus</p> <p>1:30 Immanuel Adjustment Rate Meeting</p> <p>3:00 Stretch &amp; Tone</p>	<p><b>14</b></p> <p>9:30 Walking Club</p> <p>9:30 "Just Ask" Outing</p> <p>10:30 Exercises</p> <p>1-4 Live Well Go Fish</p> <p>3:00 Blanket Tying-WCR</p> <p>6:00 Pitch-FDR</p>	<p><b>15</b></p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>1:15 Walgreens</p> <p>2:30 Stretch &amp; Tone</p> <p>3:15 BINGO</p> <p>6:00 Wii Bowling</p>	<p><b>16</b></p> <p>10:30 Exercises</p> <p>11:00 CJ Choir-CH</p> <p>1:00 Wii Bowling</p> <p>2:00 Library Time-LIB</p> <p>4:30 Chapel-Methodist</p> <p>6:30 Philosophy of Care Meeting/AL</p>	<p><b>17</b></p> <p>9:30 Faith Study-FDR</p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>2:30 Good Ole Music with "Just Us"</p>	<p><b>18</b></p> <p>9:30 Bible Study with Eleanor-FDR</p> <p>10:30 Rosary</p> <p>2:00 Saturday Movie</p>
<p><b>19</b></p> <p>10:30 Catholic Communion</p> <p>1:30 Worship with Pastor Kate</p> <p>2:30 Chinook Collaborative Symphony Concert</p>	<p><b>20</b></p> <p>9:30 Catholic Mass</p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>1:00 Bridge-WCR</p> <p>2:30 Dining Committee</p> <p>2:00 Dorothy Applebee Sing-along</p>	<p><b>21</b></p> <p>9:30 Walking Club</p> <p>10:30 Exercises</p> <p>2:45 Birthday Party Ruth at the Piano</p> <p>6:00 Pitch-FDR</p>	<p><b>22</b></p> <p>10:30 Exercises</p> <p>11:00 Here's To Your Health/Interim</p> <p>1:15 Super Saver</p> <p>3:15 SHIP Bingo-learn about Scams-WCR</p> <p>5:15 CJ Family Picnic</p>	<p><b>23</b></p> <p>9:30 Men's Coffee</p> <p>10:30 Exercises</p> <p>1:00 Wii Bowling</p> <p>1-2 Five Points Bank</p> <p>1:30 Bookmobile</p> <p>2:00 Library Time-LIB</p> <p>4:30 Chapel-Zion</p>	<p><b>24</b></p> <p>9:30 Faith Study-FDR</p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>1:30 Fontanelle String Quartet</p> <p>3:15 Happy Hour Ruth at the Piano</p>	<p><b>25</b></p> <p>10:30 Rosary</p> <p>2:00 Saturday Movie</p>
<p><b>26</b></p> <p>10:30 Catholic Communion</p> <p>1:30 Worship and Communion with Pastor Kate</p> <p>2:30 Sunday Movie</p>	<p><b>27</b></p> <p><b>Memorial Day</b></p> <p>Office Hours 11 a.m-1:30 p.m.</p>	<p><b>28</b></p> <p>9:00 NE Hearing-FDR</p> <p>9:30 Walking Club</p> <p>10:30 Exercises</p> <p>1:00 Walker Clean-up</p> <p>3:00 Welcome Social</p> <p>4:00 Memorial Service</p> <p>6:00 Pitch-FDR</p>	<p><b>29</b></p> <p>10:30 Exercises</p> <p>10-3 Appreciation Event/Omaha No Shopping Trip</p> <p>3:15 Card Bingo/Interim</p> <p>6:00 Wii Bowling</p>	<p><b>30</b></p> <p>10:30 Exercises</p> <p>11:00 Trivia</p> <p>1:00 Wii Bowling</p> <p>2:00 Library Time-LIB No Chimes or Bible Study</p> <p>4:30 Chapel-Berean</p>	<p><b>31</b></p> <p>9:30 Ladies Coffee</p> <p>10:30 Exercises</p> <p>11:00 Live Well /Get Fit</p> <p>1:15 CJ Book Club</p> <p>2:30 Justin Brookens Variety music</p>	<p>SCR = South Community Room</p> <p>FDR = Family Dining Room</p> <p>NCR=North Community Room</p> <p>WCR=West Community Room</p> <p>CH = Kessler Chapel</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Location Key</b> AR = Activity Room SWC=Southwest Community Room WR= Wellness Room			<b>1</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>2</b> 9:30 Healthy Strides-WR 10:30 Muscle Worx-AR	<b>3</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:00 Stretch and Balance-SWC	<b>4</b>
<b>5</b>	<b>6</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>7</b> 9:30 Interim Walking Club 10:30 Muscle Worx-AR	<b>8</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>9</b> 9:30 Healthy Strides-WR 10:30 Muscle Worx-AR	<b>10</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:00 Stretch and Balance-SWC	<b>11</b>
<b>12</b>	<b>13</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>14</b> 9:30 Interim Walking Club 10:30 Muscle Worx-AR	<b>15</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>16</b> 9:30 Healthy Strides-WR 10:30 Muscle Worx-AR	<b>17</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:00 Stretch and Balance-SWC	<b>18</b>
<b>19</b>	<b>20</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>21</b> 9:30 Interim Walking Club 10:30 Muscle Worx-AR	<b>22</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>23</b> 9:30-11 a.m. Destination Walk at the Sunken Gardens. Sign up at front desk.	<b>24</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:00 Stretch and Balance-SWC	<b>25</b>
<b>26</b>	<b>27</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>28</b> 9:30 Interim Walking Club 10:30 Muscle Worx-AR	<b>29</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:30 Stretch and Balance-AR	<b>30</b> 9:30 Healthy Strides-WR 10:30 Muscle Worx-AR	<b>31</b> 9:30 Rise and Shine-SWC 10:30 Fit 4 Life-AR 2:00 Stretch and Balance-SWC	