


December 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|--|--|
| 1 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR 5:00 Carolers LDR | 2 9:00 Christmas Tree Decorating 12:00 Chair Massages 1:00 Senior Fitness Class SDR 2:30 Library Outing | 3 10:00 Resident Bags MR 11:00 Book Club LSL 1:00 Imman Commun. Foundation and Social LDR 3:00 Farkle AR | 4 10:00 Walmart Outing 1:00 Senior Fitness Class SDR 2:00 Community Class-rooms SDR 3:00 Crocheting AR 6:30 O Joyful Night | 5 10:00 Painting Workshop AR 2:00 Men's Group 3:00 Rummikub LSL 4:00 Bible Study with Rhonda SDR | 6 1:00 Senior Fitness 1:50 Armchair Travels MR 2:30 Ornament Decorating Party AR 5:00 Pizza and Beer Night | 7 10:30 Cookies and Socializing in Pinkies 1:30 Holiday Shopping Spree LDR 6:30 Movie Night MR |
| 8 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Lutheran Church of the Cross LDR | 9 Elf on the Shelf Scavenger Hunt: Day 1 10:00 Fareway 1:00 Sr Fitness SDR 2:30 YouTube Tutorial Greeting Cards AR 4:00 Olive Garden | 10 Elf on the Shelf Scavenger Hunt: Day 2 10:00 Town Hall LDR 11:00 Book Club LSL 1:15 Caroling with Pathways 3:00 Phase 10 AR | 11 Scavenger Hunt: Day 3 9:15 St Historical Museum & Lunch DSM 1:00 Sr Fitness SDR 3:00 Giving Back: Crocheting AR 5:00 Jolly Holiday Lights | 12 Scavenger Hun: Day 4 10:00 Painting AR 1:15 Caroling with Pathways SDR 4:00 Bible Study SDR 6:25 Central Concert at Westminster | 13 Scavenger Hunt: Day 5 10:00 Manicures MR 1:00 Sr Fitness SDR 1:50 Armchair Travels MR 3:30 Holiday Theme Happy Hour | 14 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR |
| 15 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR | 16 Scavenger Hunt: Day 6 10:00 Target 1:00 Senior Fitness Class SDR 2:30 Meals from the Heartland LDR 5:00 Helene V. LDR | 17 Scavenger Hunt: Day 7 11:00 Book Club LSL 1:00 Devotional and Hymns with Pastor Zeb SDR 3:00 Jewelry AR 5:00 Jolly Holiday Light | 18 Scavenger Hunt: Day 8 1:00 Sr Fitness SDR 2:00 Caroling Group LDR 3:00 Giving Back: Crocheting AR | 19 10:00 Painting Workshop AR 1:00 Holiday Make-Overs SDR 2:00 Music with Jerry 4:00 Bible Study SDR Resident Holiday Dinner | 20 Scavenger Hunt: Day 10 9:30 Pet Therapy LSL 11:00 Dollar Tree 1:00 Senior Fitness Class SDR 1:50 Armchair Trav. MR 3:30 Happy Hour LSL | 21 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR |
| 22 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR | 23 Scavenger Hunt: Day 12 10:00 Hy-Vee 1:00 Senior Fitness Class SDR 2:00 Library Outing 3:00 Christmas Around The World AR | 24 Scavenger Hunt: Day 12 10:00 Manicures MR 11:00 Book Club LSL 1:00 Christmas Eve Service SDR 2:00 Christmas Sock Hop Social Hour | 25 10:00 Holiday Jig-Saw Puzzle LSL 3:00 Rummikub LSL 6:30 Christmas Movie MR | 26 9:00 Brain Teaser Packets at the Front Desk 10:00 Painting Workshop AR 3:00 Rummikub LSL | 27 9:00 Friday Brain Teaser @ Front Desk 1:00 Senior Fitness Class SDR 1:50 Armchair Travels MR 6:00 Holiday Movie MR | 28 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR |
| 29 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR | 30 10:00 Walmart 1:00 Senior Fitness Class SDR 2:00 Life Enrichment Brainstorming Group AR | 31 10:00 Bingo Store AR 11:00 Book Club LSL 1:00 Devotional and Hymns with Pastor Zeb SDR 3:00 Farkle AR |  | Activities in Blue require you to sign up in the notebook at the front desk. Special events are in Red . | KEY AR = Activity Room 2nd Floor MR = Media Room 2nd Floor LDR = Large Dining Rm 1st Floor SDR = Small Dining Rm 1st Floor LSLP=Lakeside Lounge Patio LSL = Lakeside Lounge 1st Floor | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--|
| 1 9:00 Chair Exercise Video 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 2:30 Skillset Work 3:00 Church Service with Pastor Zeb LDR 6:30 Listen to Music | 2 9:30 Current Events & IN2L 10:00 Christmas Tree Decorating 1:50 Group Exercises 2:45 Do you Hear what I Hear? 3:30 Sing-Along Hymns 6:00 Adult Coloring Pages | 3 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:00 Crafting Club 1:30 Cooking Club 2:30 Chair Spinning (Exercise) 6:00 Group Walk 6:30 Book on CD | 4 9:30 Current Events & IN2L 11:00 Spiritual Time with Pastor Zeb 1:00 Storyteller Jim Boardman 1:50 Group Exercises 3:30 Individual Activities 6:30 Oh Joyful Night LDR | 5 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:30 Music Therapy 1:30 Timeslips 5:00 Jolly Holiday Lights | 6 9:30 Current Events & IN2L 10:00 Craft Club 1:50 Group Exercises 2:30 Scenic Bus Ride 6:00 Group Walk or Social and Hot Cocoa | 7 9:00 Chair Exercise Video 10:00 Hand Massages 10:30 Group Crossword 1:30 Bingo 2:30 Sorting 3:30 Sing A-Long 1 6:00 Drawer Detective 6:30 Movie Night |
| 8 9:00 Chair Exercise Video 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 2:30 Skillset Work 3:00 Church Service with Church of Cross LDR 6:30 Listen to Music | 9 9:30 Current Events & IN2L 10:30 Music Appreciation Club 1:00 Random Trivia 1:50 Group Exercises 6:30 Paint By Numbers | 10 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:00 Crafting Club 1:15 Christmas Caroling SDR 2:30 Roll a Reindeer Game 6:00 Group Walk | 11 9:30 Current Events & IN2L 11:00 Spiritual Time with Pastor Zeb 1:50 Group Exercises 3:30 Individual Activities 6:00 Name that Famous Person | 12 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:30 Music Therapy 1:15 Christmas Caroling 6:00 Group Games | 13 9:30 Current Events & IN2L 10:00 Short Story 1:50 Group Exercises 3:30 Travelogue 6:00 Name That Tune | 14 9:00 Chair Exercise Video 9:30 Current Events 10:00 Hand Massages 10:30 Basketball 1:30 Musical Instruments 2:30 Reminiscing 3:30 Sing A-Long 4 6:30 Movie Night |
| 15 9:00 Chair Exercise Video 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:00 Church Service with Pastor Zeb LDR 6:30 Listen to Music | 16 9:30 Current Events & IN2L 10:00 Music Appreciation Club 1:30 Picture Books 1:50 Group Exercises 6:00 Adult Coloring Pages | 17 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:00 Crafting Club 1:30 Cooking Club 2:30 Timeslips 5:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting | 18 9:30 Current Events & IN2L 10:00 Remembering Christmas Celebrations 11:00 Spiritual Time with Pastor Zeb 1:50 Group Exercises 3:30 Outburst 6:00 Picture This | 19 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:30 Music Therapy 2:00 Entertainment LDR 3:00 Timeslips 6:00 Group Games | 20 9:30 Pet Therapy LSL 1:50 Group Exercises 2:30 Storm Categories 3:30 Reminisce Cards 6:30 Adult Coloring Pages | 21 9:00 Chair Exercise Video 10:00 Hand Massages 10:30 Group Crossword 1:30 Bean Bag Toss 2:30 Reminiscing 6:00 Drawer Detective 6:30 Movie Night |
| 22 9:00 Chair Exercise Video 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 3:00 Church Service with Pastor Zeb LDR 6:30 Listen to Music | 23 9:30 Current Events & IN2L 10:00 Christmas Card Toss 1:50 Group Exercises 2:45 Picture This 3:30 Sing-Along Hymns 6:00 Adult Coloring Pages | 24 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:00 Crafting Club 2:00 Santa's Stocking Game 5:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting | 25 9:30 Current Events & IN2L 10:00 Santa's Bag Game 3:30 Group Crossword Puzzle 6:30 Group Walk/ Social and Hot Cocoa | 26 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:30 Music Therapy 1:30 Carol Categories 3:00 Timeslips 6:00 Group Games | 27 9:30 Current Events & IN2L 10:00 Magic Memory 1:50 Group Exercises 3:30 Group Puzzles 6:00 Listening To Music | 28 9:00 Chair Exercise Video 10:00 Hand Massages 10:30 Coloring Pages 1:30 Musical Instruments 2:30 Trivia 3:30 Sing A-Long Hymns 6:30 Movie Night |
| 29 9:00 Chair Exercise Video 10:00 Football Toss 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:00 Church Service with Pastor Zeb LDR 6:30 Group Crossword | 30 9:30 Current Events & IN2L 10:00 Music Appreciation Club 1:30 Group Walk 1:50 Group Exercises 3:30 Sing-Along 1 6:00 Paint By Numbers | 31 9:00 Chair Exercise Video 9:30 Current Events & IN2L 10:00 Crafting Club 1:30 Cooking Club 1:50 Group Exercises 5:30 Group Walk 6:00 Book on CD | Special events are in Red. Bus outings are in Blue. | |  | |