


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special events are in Red. Bus outings are in Blue.	1 9:30 Current Events 10:00 Remembering Picking Berries 1:30 Random Trivia 1:50 Group Exercises 3:30 Sing A-Long 3 6:30 Paint By Numbers	2 9:30 Current Events 10:00 Spiritual Time with Pastor Michele 1:30 Cooking Club 2:30 Timeslips 5:30 Group Walk 6:00 Book on CD	3 9:30 Current Events 10:00 Scenic Drive 1:00 Storyteller 1:50 Group Exercises 3:30 Jig Saw Puzzles 6:30 Firework Coloring Pages	4 Happy 4th of July! 9:30 Current Events 10:30 The 4th of July Independence Day 2:30 Patriotic Sing A-Long 3:30 What am I? 6:00 Group Games	5 9:30 Current Events 10:00 Remembering Moon Songs 1:00 Short Story 1:50 Group Exercises 2:30 Rhymes 6:00 Outdoor Time or Indoor Walk	6 9:30 Current Events 10:00 Hand Massages 10:30 Group Crossword 1:30 Bingo 2:30 Sorting 3:30 Sing A-Long 1 6:00 Drawer Detective 6:30 Movie Night
	7 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 2:30 Radio Show CD 3:30 Picture Books 6:00 Family Feud 6:30 Listen to Music	8 9:30 Current Events 10:00 Magic Memory 1:30 Random Trivia 1:50 Group Exercises 2:30 Scenic Drive 6:30 Paint By Numbers	10 9:30 Current Events 10:00 Name that Sound (CD) 10:30 Discuss and Recall 1:50 Group Exercises 3:30 Jig Saw Puzzles 6:30 1:1/Small Group Activities	11 9:30 Current Events 10:30 Music Therapy 11:00 Time Slips 1:50 Group Exercises 3:30 What am I? 6:00 Group Games	12 9:30 Current Events 10:00 Paper Moon Door Decor 1:50 Group Exercises 2:30 Travelogue 6:00 Outdoor Time or Indoor Walk	13 9:30 Current Events 10:00 Hand Massages 10:30 Basketball 1:30 Musical Instruments 2:30 Reminisce Cards 3:30 Sing A-Long 4 6:30 Movie Night
	14 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:30 Group Crossword 6:00 Radio Show CD 6:30 Listen to Music	15 9:30 Current Events 10:00 What Am I? 10:30 Stories of the Hat/ Reminisce Cards 1:30 Picture Books 1:50 Group Exercises 2:30 Scenic Drive 6:00 Coloring	16 9:30 Current Events 10:00 Swim Categories 1:30 Cooking Club 2:30 Timeslips 5:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting	17 9:30 Current Events 10:00 Spirituality and Hospitality 1:00 Random Trivia 1:50 Group Exercises 3:30 Outburst 6:00 Picture This	18 9:30 Current Events 10:30 Music Therapy 11:00 Time Slips 2:00 Entertainment 3:30 What am I? 6:00 Group Games	19 9:30 Pet Therapy LSL 1:00 3-D Butterfly Craft 1:50 Group Exercises 3:30 Reminisce Cards 6:30 Finish the Phrase
	21 9:30 Current Events 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:00 Lutheran Church Service LDR 6:30 Listen to Music	22 9:30 Current Events 10:00 Who am I? 1:50 Group Exercises 2:45 Capter A Day 3:30 Sing-Along Hymns 6:00 Coloring	23 9:30 Current Events 10:00 Paper Bursts Centerpiece 1:30 Cooking Club 2:30 Timeslips 5:30 Group Walk 6:00 Book on CD 6:30 Watercolor Painting	24 9:30 Current Events 10:00 What's in the Bag? 1:00 A Spoonful Sound 1:50 Group Exercises 3:30 Outburst 6:30 Picture It	25 9:30 Current Events 10:30 Music Therapy 2:00 Entertainment with Dave Gray! 3:30 1:1/Small Group Activities 6:00 Group Games	26 9:30 Current Events 10:00 Magic Memory 1:30 Short Story 1:50 Group Exercises 3:30 Group Puzzles 6:00 Picture Books
	28 9:30 Current Events 10:00 Football Toss 10:30 Nail Care 1:30 Bingo 2:30 Skillset Work 3:30 Group Walk 6:30 Family Feud	29 9:30 Current Events 10:00 Aim For the Stars 1:30 Group Walk 1:50 Group Exercises 3:30 Sing-Along 1 6:00 Paint By Numbers	30 9:30 Current Events 10:00 Spiritual time w/ Michelle 1:30 Star of the Month 2:30 Timeslips 5:30 Group Walk 6:30 A Whale of a Joke	31 9:30 Current Events 10:00 Magic Memory 10:30 Scooping Up Smiles 1:50 Group Exercises 2:30 Scenic Drive 3:30 Outburst 6:00 Bingo		

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities in Blue require you to sign up in the notebook at the front desk. Special events are in Red .	1 10:00 Walmart 12:00 Chair Massages 1:00 Senior Fitness Class SDR 3:00 CD Sun catcher Craft AR	2 11:00 Book Club LSL 1:00 Devotions with Pastor Michele LSL 2:00 Church History LSL 3:00 Games AR	3 10:00 Wellness Wednesday SDR 1:00 Senior Fitness Class SDR 4:00 Reading Buddies LSL	4 Happy 4th of July! 3:00 Rummikub LSL	5 10:00 Manicures MR 1:00 Senior Fitness Class SDR 2:00 Armchair Travels MR 5:00 Pizza and Beer Night	6 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
7 10:30 Cookies and Socializing in Pinkies 3:30 Cards LSL	8 11:00 Hy-Vee 1:00 Senior Fitness Class SDR 4:15 BRAVO WDM Supper Outing	9 11:00 Book Club LSL 1:00 Spiritual Time with Pastor Michele LSL 2:00 Music with Mike Castello 3:00 Games AR	10 10:00 Town Hall Meeting SDR 1:00 Senior Fitness Class SDR 4:00 Reading Buddies LSL	11 11:00 Walking Club LSL 1:00 Bible Study with Rhonda SDR 2:00 Men’s Group 3:00 Rummikub LSL	12 10:00 DSM Outlet Mall 1:00 Senior Fitness Class SDR 2:00 Armchair Travels MR 3:30 Happy Hour LSL	13 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
14 10:30 Cookies and Socializing in Pinkies 3:30 Cards LSL	15 9:30 Fishing @ Yellow Banks Park 1:00 Senior Fitness Class SDR 2:30 Meals from the Heartland LDR 5:00 Helene V. LDR	16 11:00 Book Club LSL 1:00 Devotions with Pastor Michele LSL 2:00 Church History LSL 3:00 Games AR	17 10:00 Target 1:00 Senior Fitness Class SDR 4:00 Reading Buddies LSL	18 10:00 Manicures MR 1:00 Bible Study with Rhonda SDR 2:00 Music with Rick Ludwig 3:00 Rummikub LSL	19 9:30 Pet Therapy LSL 1:00 Senior Fitness Class SDR 2:00 Armchair Travels MR 3:30 Happy Hour LSL	20 10:30 Cookies and So- cializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
21 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Lutheran Church of the Cross	22 11:00 Community Class- rooms SDR 1:00 Senior Fitness Class SDR 2:00 Spiritual Time with Pastor Michele LSL	23 11:00 Book Club LSL 1:00 Pleasant Hill Parade Decorating Meeting 3:00 Jewelry AR	24 10:00 Fareway 1:00 Senior Fitness Class SDR 2:00 New Resident Social LSL 4:00 Reading Buddies LSL	25 11:00 Walking Club LSL 1:00 Bible Study with Rhonda SDR 2:00 Music with Dave Gray! 3:00 Rummikub LSL	26 11:00 Lunch @ Culvers 1:00 Senior Fitness Class SDR 2:00 Armchair Travels MR 3:30 Happy Hour LSL	27 8:45 Pleasant Hill Parade 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
28 10:30 Cookies and Socializing in Pinkies 3:30 Cards LSL	29 10:00 Walmart 1:00 Senior Fitness Class SDR 2:00 Over the Top Ice Cream 1st Trip 2:20 Over the Top Ice Cream 2nd Trip	30 11:00 Book Club LSL 1:00 Worship Service with Pastor Michele SDR 3:30 Games AR	31 10:00 Walgreens 1:00 Senior Fitness Class SDR 4:00 Reading Buddies LSL	 KEY AR = Activity Room 2nd Floor MR = Media Room 2nd Floor LDR = Large Dining Rm 1st Floor SDR = Small Dining Rm 1st Floor LSLP=Lakeside Lounge Patio LSL = Lakeside Lounge 1st Floor ER = Exercise Room 3rd Floor		