


February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY AR = Activity Room 2nd Floor MR = Media Room 2nd Floor LDR = Large Dining Rm 1st Floor SDR = Small Dining Rm 1st Floor LSLP=Lakeside Lounge Patio LSL = Lakeside Lounge 1st Floor ER = Exercise Room 3rd Floor					Activities in Blue require you to sign up in the notebook at the front desk. Special events are in Red .	1 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
2 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR 5:30 Super Bowl LIV Party AR	3 Wii Tournament Week 4 10:00 Fareway 12:00 Chair Massages 1:00 Senior Fitness Class SDR 3:00 Valentines Craft AR	4 11:00 Community Class-rooms SDR 1:30 Hymns with Pastor Zeb SDR 2:30 Final Act Radio Show LDR 3:30 Phase 10 AR	5 10:00 Library 1:00 Sr Fitness SDR 3:00 Homeless Mats AR 6:15 Resident Led Game SDR	6 10:00 Painting Workshop AR 1:00 Matter of Balance AR 3:00 Bible Study SDR 4:00 Resident Led Beanbag MR	7 Cookie Grams on Sale Through Feb. 13th 10:00 Fleet Farm Ankeny 1:00 Sr Fitness SDR 1:50 Armchair MR 4:30 Pizza and Beer Night	8 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
9 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR	10 Wii Tournament Week 5 10:00 Target 1:00 Senior Fitness Class SDR 2:30 TedTalk AR 4:00 Activity Brainstorm Group SDR	11 10:00 Book Club with Brittney SDR 1:30 Pastor Zeb's Israel Tour AR 3:00 Farkle AR 6:15 Resident Led Game SDR	12 10:00 Town Hall Meeting LDR 1:00 Sr Fitness SDR 2:00 Men's Group 3:00 Homeless Mats AR	13 10:00 Painting Workshop AR 1:00 Matter of Balance AR 3:00 Bible Study SDR 4:00 Resident Led Beanbag MR	14 10:00 Manicures MR 1:00 Snr Fitness SDR 1:50 Armchair Trav. MR 3:30 Valentine's Social LSL 4:30 Valentine's Day Supper	15 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
16 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Pastor Zeb LDR	17 Wii Tournament Week 6 10:00 Hy-Vee 1:00 Senior Fitness Class SDR 2:30 Meals from the Heartland LDR 5:00 Helene V. LDR	18 10:00 Bingo Store AR 11:00 Book Club with Brittney SDR 1:30 Hymns with Pastor Zeb SDR 3:00 Jewelry AR	19 11:00 Lunch at Applebees 1:00 Sr Fitness SDR 2:00 Music Appr'n Dolly Parton AR 3:00 Homeless Mats AR	20 10:00 Painting Wksp AR 1:00 Matter of Balance AR 2:00 Entertainment with Dave Gray 3:00 Bible Study SDR 4:00 Resident Bags MR	21 9:30 Pet Therapy LSL 1:00 Senior Fitness Class SDR 1:50 Armchair Travels MR 3:30 Happy Hour LSL	22 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR
23 10:30 Cookies and Socializing in Pinkies 3:00 Sunday Service with Lutheran Church of the Cross LDR	24 Wii Tournament Week 7 10:00 Walmart 1:00 Senior Fitness Class SDR 2:00 Library 4:00 Supper @ Out-back	25 11:30 Book Club SDR 1:30 Hymns with Pastor Zeb SDR 3:00 Mardi Gras Social Hour LSL 6:00 IA Wild Hockey Game	26 10:00 Walgreens 1:00 Sr Fitness SDR 3:00 Ash Wednesday Service SDR	27 10:00 Painting Wksp AR 1:00 Matter of Balance AR 2:30 Social Drumming SDR 3:00 Bible Study SDR 4:00 Resident Bags MR	28 10:00 Manicures MR 1:00 Senior Fitness Class SDR 1:50 Armchair Travels MR 2:30 Leap Year Themed Happy Hour	29 10:30 Cookies and Socializing in Pinkies 2:30 Bingo SDR 6:30 Movie Night MR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special events are in Red. Bus outings are in Blue.						1 10:00 Hand Massages 10:30 Group Crossword 1:30 Bingo 3:30 Sing A-Long 1 6:00 Drawer Detective 6:30 Movie Night
2 10:00 Balloon Swat 10:30 Nail Care 3:00 Church Service with Pastor Zeb LDR 5:30 Super Bowl Sunday 6:30 Football Fill-in-the-Blank	3 9:30 Independent Activities 10:30 Music Appreciation Club 1:00 Random Trivia 1:50 Group Exercises 6:00 Current Events 6:30 Paint By Numbers	4 9:30 Sing A-Long 1 10:00 Crafting Club 2:30 Final Act Radio Show LDR 6:00 Current Events 6:30 Group Walk	5 9:30 Individual Activities 11:00 Spiritual Time with Pastor Zeb 1:50 Group Exercises 3:00 Scenic Bus Ride 6:00 Current Events	6 9:30 Individual Activities 10:00 Short Story 1:30 Picture This 3:30 Fill in the Word 6:00 Current Events & IN2L	7 9:30 Current Events & IN2L 10:30 Music Therapy 1:50 Group Exercises 3:30 Travelogue 6:00 Name That Tune	8 9:30 Current Events 10:00 Hand Massages 10:30 Basketball 1:30 Musical Instruments 3:30 Sing A-Long 4 6:30 Movie Night
9 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 3:00 Church Service with Pastor Zeb LDR 6:30 Listen to Music	10 9:30 Current Events & IN2L 10:00 Music Appreciation Club 1:30 Picture Books 1:50 Group Exercises 6:00 Adult Coloring Pages	11 10:00 Crafting Club 1:30 Cooking Club 2:30 Snack and Socializing 3:30 Sing A-Long 4 6:00 Current Events 6:30 Watercolor Painting	12 9:30 Individual Activities 11:00 Spiritual Time with Pastor Zeb 1:50 Group Exercises 3:15 Scenic Bus Ride 6:00 Current Events	13 9:30 Individual Activities 10:30 Crafting Club 1:30 Remembering Going to The Movies 3:00 Timeslips 6:00 Current Events & IN2L	14 10:30 Music Therapy 1:00 Love is in the Air Trivia 1:50 Group Exercises 3:30 Reminisce Cards 6:30 Adult Coloring Pages	15 10:00 Hand Massages 10:30 Group Crossword 1:30 Bean Bag Toss 6:00 Drawer Detective 6:30 Movie Night
16 10:00 Balloon Swat 10:30 Nail Care 1:30 Bingo 3:00 Church Service with Pastor Zeb LDR 6:30 Listen to Music	17 10:00 Food for Thought 1:50 Group Exercises 3:00 Scenic Bus Ride 6:00 Adult Coloring Pages	18 10:00 Crafting Club 1:30 Cooking Club 2:30 Snack and Socializing 6:00 Current Events 6:30 Watercolor Painting	19 9:30 Individual Activities 10:30 Name that Movie 1:50 Group Exercises 3:30 Sing A-long Hymns 6:00 Current Events	20 9:30 Individual Activities 10:00 Magic Memory 2:00 Entertainment with Dave LDR 3:00 Timeslips 6:00 Current Events & IN2L	21 9:30 Pet Therapy LSL 10:30 Music Therapy 1:50 Group Exercises 3:30 Group Puzzles 6:00 Listening To Music	22 10:00 Hand Massages 10:30 Coloring Pages 1:30 Musical Instruments 3:30 Sing A-Long Hymns 6:30 Movie Night
23 10:00 Football Toss 10:30 Nail Care 2:30 Skillset Work 3:00 Church Service with Church of Cross LDR 6:30 Random Trivia	24 9:30 Current Events & IN2L 10:00 Music Appreciation Club 1:30 Group Walk 1:50 Group Exercises 3:30 Sing-Along 3 6:00 Paint By Numbers	25 10:00 Crafting Club 1:30 Cooking Club 3:30 Can you Picture This? 6:00 Current Events 6:00 Book on CD	26 9:30 Individual Activities 11:00 Spiritual Time with Pastor Zeb 1:30 Frogs Categories 1:50 Group Exercises 3:00 Ash Wednesday Service SDR 6:00 Current Events	27 9:30 Individual Activities 10:00 Frogs and Toads 2:30 Social Drumming SDR 6:00 Current Events & IN2L	28 9:30 Current Events & IN2L 10:30 Music Therapy 1:50 Group Exercises 3:30 Humor: Leap Year Laughs 6:00 Listening To Music	29 10:00 Hand Massages 10:30 Coloring Pages 1:30 Musical Instruments 3:30 Leap Frog Craft 6:30 Movie Night